

If you are bullied:-

DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a friend.
- **TELL SOMEONE.**



DON'T:-

- Do what they say.
- Get angry.
- Hurt them.
- Think it's your fault.
- Keep it to yourself.
- Do anything back to them.

### What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved – you might end up getting hurt or you could end up in trouble yourself.
- Don't stay silent or the bullying will keep happening.

**The Head teacher, the Governors and the staff will work together to:-**

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

### What will happen to a bully?

The Head teacher will talk to everyone involved in the bullying and they will talk to your parents.

Your class teacher will lead a series of PHSE lessons to talk through any issues.



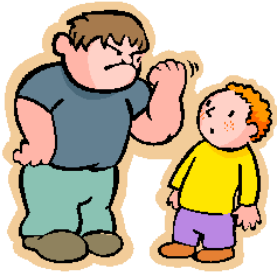
**Willow Park**  
C of E Primary School

**Child Friendly**

**Anti-Bullying Policy**

## What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated frequently for it to be bullying.



Bullying Can be.....

**Emotional:** Hurting people's feelings, or leaving others out.

**Physical:** Fighting, violence and hurting others.

**Verbal:** Being teased, name calling.

**Cyber:** saying unkind things by text, email or on electronic devices.

**Racist:** treating people differently because of the colour of their skin or their family and background.

**Sexist:** treating people differently because of their gender (boy or girl).

## When is it bullying?

Several

Times

On

Purpose



## Who can I tell?

Any one

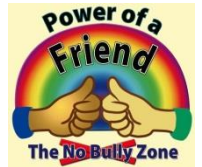
Nice friend

Your parent/carer

One person at least

Never nobody

Everyone you know



**ANYONE**

# STOP

We promise to always treat bullying seriously



**Willow Park**  
C of E Primary School

MOST IMPORTANTLY:-

If you are being bullied:

**TELL SOMEONE.**